

HOW TO

All postal workers should wear reusable gloves while handling mail to prevent the spread of COVID-19 to the worker. Safe removal of gloves is crucial in keeping yourself, your coworkers, and the public safe during the pandemic.

# SAFELY REMOVE YOUR DISPOSABLE GLOVES



Always Remember



### Clean to Clean

A clean bare hand touches only clean areas inside the other glove

### Dirty to Dirty

Contaminated surfaces only touch other contaminated surfaces

- ✗ Do not touch your face or adjust PPE with contaminated gloves
- ✗ Do not touch environmental surfaces – eg: door handles, a keyboard, a computer mouse – with contaminated gloves
- ✗ Never wash or reuse disposable gloves

- ✓ Safely remove excess liquid beforehand
- ✓ Change gloves when heavily soiled or if they are torn
- ✓ Dispose of used gloves appropriately - in accordance with your company's policy



WORLD LEADERS IN PROTECTING HANDS

[www.globus.co.uk](http://www.globus.co.uk)



Mark Dimondstein, President  
Vance Zimmerman, Industrial Relations Director

PLEASE POST

